

Cancer Coalition of Westchester

The collective mission of the Cancer Coalition of Westchester is to increase awareness of local, regional, and national cancer information and support services available to individuals living with cancer, their families and friends.



American Cancer Society (ACS), Eastern Division—Westchester Region. The ACS staff and volunteers work day and night to prevent cancer, save lives and diminish suffering. As the nationwide community-based voluntary health organization dedicated to eliminating cancer, the ACS proudly dedicates its resources and commitment to cancer patients, survivors, and their families. Contact: Connie Bordenga, Director, Patient and Family Services, (914) 397-8813. www.cancer.org



Cancer Support Team is a non-profit home care program licensed by the NYS Department of Health which exists to enhance the quality of life of individuals and families affected by cancer who live in lower Westchester. Services are provided free of charge and at any stage of the disease and include: nursing care management, pain and symptom control, nutritional guidance, counseling, assistance with government benefits, referral to community resources, advocacy, financial and transportation assistance. Contact: 914-777-2777. www.cancersupportteam.org



Gilda's Club Westchester is a non-profit with the mission to create welcoming communities of **free** support for everyone living with cancer – men, women, teens and children – along with their families and friends. Our innovative program is an essential complement to medical care, providing networking and support groups, workshops, education and social activities. Contact: 914-644-8844. www.gildasclubwestchester.org



Northern Westchester Hospital, Mount Kisco - Our professionals in Women's Imaging, Breast Surgery, Reconstructive Plastic Surgery, Medical Oncology, Radiation Oncology, Nursing and Social Work make up our multidisciplinary care team for the **Breast Institute**, who create an individualized treatment plan for each patient. Contact: Linda McCartney 914-242-7611 www.nwhc.net. At our **Cancer Treatment and Wellness Center** our Health and Wellness Coordinator, Marilyn Leroy-Sterling, NP meets with patients undergoing treatment for cancer, to assess their needs and can refer them to many of our programs for stress reduction and assistance. Contact: 914-242-8146 NWH is dedicated to providing the highest quality of care in the comfort of our patients' own community.

Revised 7/15/2013

The Ken Hamilton Caregivers Center at Northern Westchester Hospital is designed to meet the needs of the caregiver – individuals who are the primary source of providing care for their family member or friend. The Ken Hamilton Caregivers Center, located at Northern Westchester Hospital, is a beautiful oasis that offers caregivers a tranquil setting to rest and recharge. The Center’s social worker and caregiver coach volunteers provide support, counseling, community resource referral, as well as access to a library specializing in caregiver information. The Center offers a monthly caregivers support group as well as a perinatal bereavement group. The services of the Center are available to all family caregivers, regardless of whether they have a loved one currently in the hospital. All services are provided free of charge. Contact: Jerri Rosenfeld, LMSW 914-242-8128. caregivercenter@nwhc.net



The Leukemia & Lymphoma Society is dedicated to finding cures for leukemia, lymphoma, Hodgkin’s disease and myeloma, and to improving the quality of life for patients and their families. Our Resource Center is staffed with social workers and oncology nurses. It is available Monday through Friday, 9 am to 6 pm, to answer questions on blood cancers. Contact: Denise Raptoulis, Patient Services Manager (914)949-0084 ext. 8992. www.tlls.org



LAWRENCE HOSPITAL
C E N T E R

Lawrence Hospital Center: Cancer Diagnostic and Treatment Services provides comprehensive cancer care including **Patient Navigation** to give patients access to services in a coordinated and timely fashion and offer assistance throughout every phase of the cancer journey. The patient navigator provides education, treatment coordination, referrals for community services and support, financial guidance and language assistance. The navigator also serves as a liaison between the patient, family and medical team. Once therapy is completed **Cancer Survivorship** is available to work with the patient and family to promote good health—physical, emotional, social and spiritual. Post-treatment education/support groups are also available. Contact: Patient Navigation: Kate Gutekunst, RN (914-787-5997) and Cancer Survivorship: Shirley Stagner, NP (914-787-4115).



Memorial Sloan-Kettering Cancer Center Sleepy Hollow offers a disease-focused team approach to outpatient cancer care close to home. Located just five miles north of the Tappan Zee Bridge in Westchester County, Memorial Sloan-Kettering Cancer Center Sleepy Hollow is especially convenient for area residents who need daily radiation or frequent chemotherapy. Contact: Medical Oncology (914) 366-0664 or Radiation Oncology (914) 366-0702. www.mskcc.org (click on “Locations”)

Revised 7/15/2013



Pathways to Care, a Program of Westchester Jewish Community

Services, provides services that address the emotional, practical, spiritual and caregiving needs of individuals and families facing serious and life threatening illness. Pathways to Care provides ongoing emotional supportive counseling, facilitates family discussions, helps to assess needs and makes referrals to community based professionals to help respond to questions about financial, legal or homecare needs. In addition, the program offers a variety of support groups such as bereavement, caregiving and one for individuals with chronic illness. Pathways to Care is a UJA-Fed of NY funded program. Contact: Heidi Weiss (914) 761-0600 ext. 141. www.wjcs.com



RideConnect, a program of Family Services of Westchester is

an information and referral service for transportation options throughout Westchester County. Services include a volunteer transportation program, a shopping bus in Northern Westchester and referrals to other transportation programs; services provided for medical, shopping or any transportation need.

Contact: (914) 242-7433. www.RideConnectWestchester.org



Rye YMCA -- LIVESTRONG at the YMCA is a FREE 12 week small group program

designed for adult cancer survivors to regain health as a result of becoming de-conditioned or chronically fatigued from treatment and/or disease. Membership to the Y is not required. The goal of the class, which meets twice a week for 75 minutes, is to help participants build muscular strength and endurance, cardiovascular endurance, increase flexibility and ultimately improve their quality of life. The curriculum is delivered in a small group setting (1 coach to 5 survivors) and involves both progressive aerobic and strength training. Routines are customized to participant needs and any limitations that may exist. Participants receive a free 12-week adult Y membership while in the program, and may access the Y seven days a week. Contact: Laura Tiedge, Senior Director (914) 967-6363.

www.ryeymca.org/livestrong.htm



The St. John's Riverside Hospital Cancer Program is committed to providing comprehensive patient care utilizing the latest state-of-the-art medical technology and patient navigation services. Education, outreach, patient navigation, support services, and palliative care services are offered. Contact: Shari Rosenberg, Patient Navigator (914) 964-4327, srosenberg@riversidehealth.org. www.riversidehealth.org



Support Connection's mission is to provide emotional, social and educational support services to people affected by breast and ovarian cancer. All of our services are free of charge and unlimited. We offer in-person programs in Westchester, Putnam and Dutchess counties. Through our Toll-Free Cancer Information and Support Hotline, we serve people nationwide. Services include: Individual counseling with professional Peer Counselors who are cancer survivors themselves; Monthly breast and ovarian cancer support groups (including 2 via toll-free teleconference); Ongoing wellness classes; Holistic health workshops; Public educational programs; Educational teleconferences; Information and referral services. Toll-Free: 800-532-4290. Contact: Barbara Cervoni, LMSW, ACSW, Director, Services and Communication, 914-962-6402. www.supportconnection.org.



Sole Ryeders & Friends is a volunteer-driven community based organization that provides and supports local cancer-related programs. In addition to fundraising, awarding grants, and providing resources and emotional support for community members with cancer, Sole Ryeders founded The Wig Exchange, which provides women undergoing chemotherapy with access to high quality wigs donated by cancer survivors. Contact: 914-412-4884; soleryeders@gmail.com; or info@thewigexchange.org. www.soleryeders.org or www.thewigexchange.org

Cheryl R. Lindenbaum
Comprehensive Cancer Center



Hudson Valley Hospital Comprehensive Cancer Center provides the region with a rare interdisciplinary team of extraordinary cancer specialists, diagnostics, and treatments focused on individual patient needs. Our “patientology” approach to medicine means combining the latest technology with award winning care and the heartfelt conviction that a patient is ALWAYS a person first. Services include patient navigation, support services, nutrition, wellness center, physical therapy, radiation oncology, infusion therapy, medical oncology, oncological breast surgery, women’s imaging, and reconstructive plastic surgery. Contact: Marthia Nichols, Patient Navigator (914) 293-8402 or visit www.hvhc.org.



WESTMED Medical Group is a comprehensive medical group dedicated to improving the health of the community. WESTMED’s Center for Management of Cancer and Hematologic Disorders offers a team of hematologists/oncologists and skilled subspecialists committed to providing coordinated, efficient and quality medical care to oncology patients. The Center provides patients with the convenience of diagnostic tests and treatments all under one roof. CT scans, X-rays, and an on-site laboratory are available at three convenient locations: 210 Westchester Avenue in White Plains, 1 Theall Road in Rye and 73 Market Street at Ridge Hill in Yonkers. The Center’s Rye location offers TomoTherapy, the highly advanced radiation treatment used by radiation oncologists to target a tumor with pinpoint precision. In addition, WESTMED has a Comprehensive Breast Center that provides a team approach dedicated to the wellness of the whole woman. Contact: Margaret Devane, RTT, MBA, Oncology Program Manager, (914) 848-8685, mdevane@westmedgroup.com or visit <http://www.westmedgroup.com/specialty.aspx?id=159>